

08CN8803-16

IN THE SPECIFICATION

Please amend the Abstract as follows:

A1

~~[0119] Disclosed herein is a method for retrieving data from a storage media. One embodiment of a~~  
The method for retrieving data from a storage media comprises: rotating a storage media having a substrate comprising at least one plastic resin portion and at least one data layer disposed on at least one surface of said the substrate, wherein said the substrate has a surface roughness of less than about 10 Å, and an axial displacement peak of less than about 500 μ under shock or vibration excitation; directing an energy field at said the storage media such that said the energy field is incident upon the data layer before it can be incident upon the substrate; and retrieving information from the data layer via said the energy field.